

Dr. Jeremy Benedetti

Benedetti Cosmetic Surgery
St. Petersburg, Florida

ASK DR. BENEDETTI

WHAT IS YOUR PHILOSOPHY?

Honesty, safety and attention to detail. I am good at communicating what I believe are the best achievable results with my patients and even better at technically and artistically carrying out the operative plan.

WHAT IS A CONSULTATION WITH YOU LIKE?

Typically I spend close to an hour with my patients before they have their procedure. I do that to really understand what result the patient wants. Sometimes that's shocking to the patient because they've been to other practices where they only saw the doctor for 10 minutes. I take that time because I find listening, evaluating and coming up with a very realistic plan up front limits the uncertainty and provides a clear, achievable operative plan that the patient will be happy with long-term.

WHERE DO YOU PERFORM MOST OF YOUR PROCEDURES?

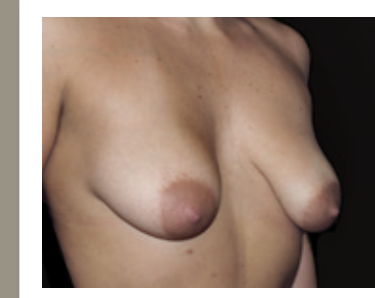
Even though there is an operating room in the building, I use a bigger facility five minutes away for surgeries because I insist on using board-certified anesthesiologists, which aren't available on-site. The level of care I give is very high so I want to offer the pinnacle of care in anesthesia as well.

Better breast evaluations

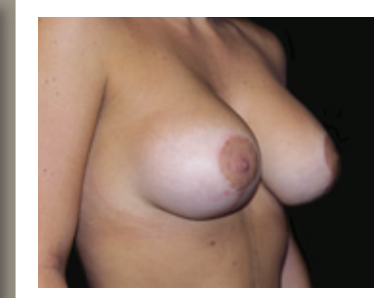
Although still one of the most popular aesthetic surgery requests, breast augmentation cannot fix every breast-related concern. Especially if both location and volume of the breasts are issues, Dr. Benedetti cautions patients to do their homework and get several opinions before choosing a plastic surgeon. The easiest solution isn't always the best one, and he has seen countless revision cases that could have been prevented. "In many cases, instead of putting the implant where it belongs and lifting the breast, the surgeon will place an overly large implant too low to try to restore the volume. The problem with that is that it leads to a worsening breast droop in a short period of time," Dr. Benedetti says. "The first time is the best time to get it right. People are worried about doing a more extensive procedure [mastopexy and augmentation] but, in some cases, it's better to do that than to do a revision surgery."

CASE STUDY

BEFORE



AFTER



COMBINED ENHANCEMENT

Despite being very active and fit, this 32-year-old patient was bothered by the lack of volume and droopiness of her breasts. After undergoing a combination mastopexy (breast lift) and breast augmentation with implants placed behind the muscle, she is happy to show off the improved shape and perkiness of her breasts at her two-year, follow-up visit.

“we commit to achieve ideal, long-term results for patients”

WITH BRAZILIAN CHERRY WOOD THROUGHOUT THE OFFICE, A RELAXING WATER WALL AND A FRIENDLY STAFF, PATIENTS ENTERING THE OFFICE OF DR. JEREMY BENEDETTI DON'T FEEL AS IF THEY'RE IN A CLINICAL SETTING. BY ENCOURAGING SURGICAL PATIENT FOLLOW UPS WITH COMPLIMENTARY SPA SERVICES AND DILIGENT LONG-TERM CARE, DR. BENEDETTI ENSURES THAT PATIENTS FEEL AS GOOD ABOUT THEIR EXPERIENCE AS THEY DO WITH THEIR RESULTS. "I HAVE PATIENTS ASK HOW MANY VISITS ARE INCLUDED WITH THE PROCEDURE, AND I TELL THEM, 'YOU'RE GOING TO SEE ME FOREVER,'" DR. BENEDETTI SAYS.

MEET THE EXPERT

Dr. Jeremy Benedetti

American Board of Plastic Surgery

SERVICES OFFERED

Abdominoplasty
Aesthetic Injectables
Blepharoplasty
Body Contouring
Breast Augmentation / Lift / Reduction
Brow Lift
Endoscopic Surgery
Facelift
Facial Implants
Fat Transfer
Laser Resurfacing
Liposuction
Necklift

ABOUT DR. BENEDETTI

WHY DID YOU BECOME A PLASTIC SURGEON?

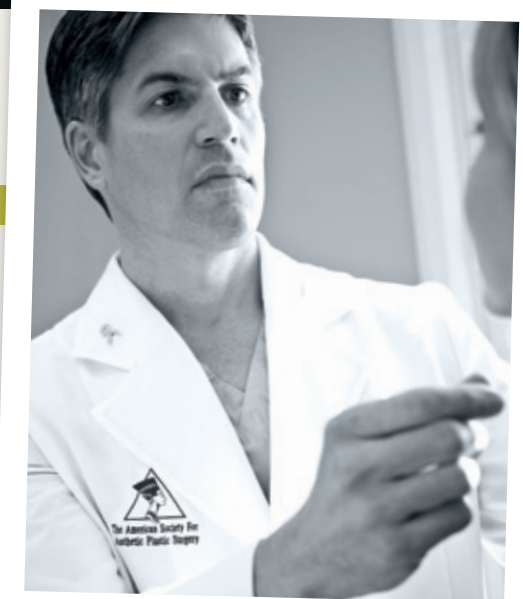
I was raised in an artistic family so I took an interest in art at a young age. I found plastic surgery to be the perfect combination of technical challenge and artistry.

WHAT DO YOU LIKE MOST ABOUT YOUR JOB?

My true satisfaction comes from achieving that ideal result. I'm harder on myself than my patients are because I strive for perfection. But I love seeing the positive change in patients.

HAVE YOU DONE ANY PRO BONO WORK?

I do mission trips to India with Virginia Children's Connection to treat children with facial deformities.



MEDICAL DEGREE
The Medical College of Ohio

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To learn more about the practice visit
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